

ALL IN: Return and Rhythm

Acts 2:42

1. When you look at your life, what takes up most of your time, focus and energy?
2. How does the Bible speak about or portray the breaking of bread? Use Luke 22:14-20, Jeremiah 31:31-34, and 1 Corinthians 11:23-26 to guide your discussion.
3. Consider the idea: What happens when we forget can be dangerous.
 - a. How does forgetfulness play a part in the mistakes we make, the failures we've had, or the regrets we carry?
 - b. How can forgetting be a major step towards forsaking God and His ways? Consider Psalm 1:1-6, Exodus 12, Deuteronomy 6, Joshua 4.
4. Consider the statement: Remembering is fuel for our faith.
 - a. What is your normal response to things that happen in your life [words spoken over you, a difficult event or experience, etc.]?
 - b. How can returning and remembering who Jesus is and what Jesus has done play a part in your faith life? Give specific examples.
5. What rhythms do you have in life that allow you to return to the truths of who God is and what God has done?
6. If you don't have a rhythm currently, what steps can you take this week to begin developing a rhythm to help you return and remember?

LEADER'S GUIDE

[Additional notes on the message]

1. DEVOTION

- a. Steady persistence
- b. Continued faithfulness
- c. Everyone committed together

2. BREAKING OF BREAD [COMMUNION OR LORD'S SUPPER]

- a. The commemoration and remembrance of Jesus Christ's last supper, and all the benefits that result to believers. Other terms have been used subsequently by Christians, including "Communion" and "Eucharist".¹
- b. It was designed, (1.) To commemorate the death of Christ: "This do in remembrance of me." (2.) To signify, seal, and apply to believers all the benefits of the new covenant. In this ordinance Christ ratifies his promises to his people, and they on their part solemnly consecrate themselves to him and to his entire service. (3.) To be a badge of the Christian profession. (4.) To indicate and to promote the communion of believers with Christ. (5.) To represent the mutual communion of believers with each other.²

3. KEY THOUGHTS

- a. Whatever the biggest thing in your life is, that will shape how you view everything else
- b. The Lord's death is the big thing we remember [1 Corinthians 11:23-26]
- c. A lot of failures can be overcome by remembering
- d. The character of Jesus, the person and work of Jesus is the place we return when we need to remember

¹ Manser, M. H. (2009). [*Dictionary of Bible Themes: The Accessible and Comprehensive Tool for Topical Studies*](#). London: Martin Manser.

² Easton, M. G. (1893). In [*Easton's Bible dictionary*](#). New York: Harper & Brothers.

